

# LUNCH

Elementary



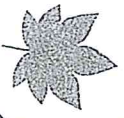
# NOVEMBER 2021

"Healthy foods bring good moods!"

**Nutritional Development Services**  
 Menu is subject to change. A variety of low fat or skim milk is offered daily. Condiments offered daily. Fruit and vegetable juices are 100% juice. Grains are whole grain when all items are not free.

## Monday

253 Hot Dog with French Fries  
 603 Maple Baked Beans  
 658 Cherry Craisins  
 906 Hot Dog Bun



230 Chicken Tenders with Sweet Potato Puffs  
 611 Bagged Baby Carrots  
 545 Cranberry Orange Hummus  
 645 Dole Pineapple Cup  
 992 Oatmeal Cookie

234 Chicken Tenders with Potato Wedges  
 631 Cherry Star Vegetable Juice  
 645 Dole Pineapple Cup  
 990 Chocolate Chip Cookie

222 Sliced Turkey with Stuffing, Mashed Potatoes & Gravy  
 623 Broccoli  
 620 Salsa  
 685 Rosati Water Ice  
 941 Tostitos Scoops

220 Taco Meat  
 623 Broccoli  
 608 Dole Tropical Fruit Cup  
 906 Hot Dog Bun

## Tuesday

263 5" Round Cheese Pizza  
 611 Bagged Baby Carrots  
 633 Sunset Sip Vegetable Juice  
 691 Strawberry Apple Crisp

294 Meatballs with Sauce  
 624 Garlic Green Beans  
 749 Apple Cherry Juice  
 915 Hamburger Bun

263 5" Round Cheese Pizza  
 623 Broccoli  
 633 Sunset Sip Vegetable Juice  
 658 Cherry Craisins

289 Pancakes with Sausage  
 634 Hash Browns  
 632 Mango Vegetable Juice  
 659 Watermelon Craisins  
 993 Holiday Cookie

221 Two Cheese, Chicken Quesadilla  
 639 Corn  
 633 Sunset Sip Vegetable Juice  
 659 Watermelon Craisins

## Wednesday

292 Penne Pasta with Meat Sauce  
 750 Apple Juice  
 909 Dinner Roll

215 Beef & Cheese Taco  
 639 Corn  
 620 Salsa  
 659 Watermelon Craisins  
 941 Tostitos Scoops

253 Hot Dog with French Fries  
 603 Maple Baked Beans  
 608 Dole Tropical Fruit Cup  
 906 Hot Dog Bun

NOON  
 DISMISSAL

253 Hot Dog with Fries  
 603 Maple Baked Beans  
 645 Dole Pineapple Cup  
 906 Hog Dog Bun



## Thursday

205 Popcorn Chicken  
 704 French Fries  
 752 Fruit Punch Juice  
 992 Oatmeal Cookie

255 Cheese Stuffed Breadsticks  
 622 Marinara Sauce  
 631 Cherry Star Vegetable Juice  
 694 Kiwi Strawberry Sidekick

292 Penne Pasta with Meat Sauce  
 659 Watermelon Craisins  
 929 Cinnamon Elf Grahams

Happy Thanksgiving



205 Popcorn Chicken  
 633 Sunset Sip Vegetable Juice  
 611 Bagged Baby Carrots  
 752 Fruit Punch Juice  
 990 Chocolate Chip Cookie

## Friday

275 BBQ Chicken Filet  
 706 Romaine Salad with Cherry Tomatoes  
 684 Mixed Berry Applesauce  
 915 Hamburger Bun

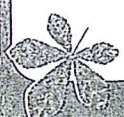
200 Hamburger  
 708 Romaine Salad with Spinach & Chickpeas  
 752 Fruit Punch Juice  
 915 Hamburger Bun

210 Crispy Chicken Filet  
 630 Dragon Punch Vegetable Juice  
 611 Bagged Baby Carrots  
 608 Dole Tropical Fruit Cup  
 915 Hamburger Bun

Happy Thanksgiving



271 Spaghetti & Meatballs  
 684 Mixed Berry Applesauce  
 909 Dinner Roll



**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The absence of Philadelphia, Diogenes of Garden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.