

**BREAKFAST**



**DECEMBER 2021**  
Elementary

**Nutritional Development Services**  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.



**Monday**



**Tuesday**



**Wednesday**

**Thursday**

**Friday**

323 Apple Cinnamon Muffin **6**  
752 Fruit Punch Juice  
608 Dole Tropical Fruit Cup  
**Alternative: 384 Cinnamon Toast Crunch Breakfast Kit**  
Pre-K: 349 Corn Chex

369 Pillsbury Berry Blast **7**  
Mini French Toast  
753 Orange Juice  
658 Cherry Craisins  
Pre-K: 339 Orange Cranberry Muffin

334 Cinnamon Toast **8**  
Crunch Cereal  
749 Apple Cherry Juice  
645 Dole Pineapple Cup  
Pre-K: 369 Berry Blast Mini French Toast

313 Rebel Ventures Apple **9**  
Delight Crumble  
750 Apple Juice  
691 Strawberry Apple Crisps  
Pre-K: 346 Cinnamon Toast Crunch

329 Trix Cereal Bar **10**  
748 Grape Juice  
684 Mixed Berry Applesauce  
Pre-K: 332 Apple Cinnamon Muffin

325 Cinnamon Chex Cup **13**  
753 Orange Juice  
608 Tropical Fruit Cup  
**Alternative: 385 Trix Cereal Breakfast Kit**  
Pre-K: 345 Honey Scooters

328 Chocolate Chip Muffin **14**  
749 Apple Cherry Juice  
684 Mixed Berry Applesauce  
Pre-K: 335 Banana Muffin

366 Blueberry Bagel **15**  
752 Fruit Punch Juice  
659 Watermelon Craisins  
Pre-K: 343 Rice Chex

333 Blueberry Chex Cup **16**  
748 Grape Juice  
684 Mixed Berry Applesauce  
Pre-K: 802 Scrambled Eggs With Turkey Ham

319 Orange Cranberry **17**  
Muffin  
750 Apple Juice  
690 Apple Crisps  
Pre-K: 366 Blueberry Bagel

359 Honey Scooters **20**  
752 Fruit Punch Juice  
609 Dole Mixed Fruit Cup  
**Alternative: 384 Cinnamon Toast Crunch Breakfast Kit**  
Pre-K: 342 Cheerios

322 Blueberry Muffin **21**  
753 Orange Juice  
690 Apple Crisps  
Pre-K: 330 Blueberry Muffin

369 Pillsbury Berry Blast **22**  
Mini French Toast  
750 Apple Juice  
659 Watermelon Craisins  
Pre-K: 307 Cherry Baked Frudel

**23**

**24**  


**27**

**28**

**29**

**30**

**31**

**HAPPY NEW YEAR!**

334 Cinnamon Toast **3**  
Crunch Cereal  
753 Orange Juice  
691 Strawberry Apple Crisps  
**Alternative: 385 Trix Cereal Breakfast Kit**  
Pre-K: 330 Blueberry Muffin

359 Honey Scooters **4**  
748 Grape Juice  
684 Mixed Berry Applesauce  
Pre-K: 349 Corn Chex

327 Pillsbury Maple Mini **5**  
Waffles  
750 Apple Juice  
645 Dole Pineapple Cup  
Pre-K: 803 Colby Cheese Omelet

319 Orange Cranberry **6**  
Muffin  
752 Fruit Punch Juice  
659 Watermelon Craisins  
Pre-K: 331 Corn Muffin

328 Chocolate Chip Muffin **7**  
749 Apple Cherry Juice  
647 Dole Mandarin Orange Cup  
Pre-K: 346 Cinnamon Toast Crunch

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.