

**LUNCH**  
Elementary



# DECEMBER 2021

"Fruits and Veggies, Greens and Berries, Apples with Cherries,  
Eating healthy will make you feel merry!" - From Good Shepard

Nutritional Development Services  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

**Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**

255 Cheese Stuffed Breadsticks **6**  
622 Marinara Sauce  
633 Sunset Sip Vegetable Juice  
685 Rosati Water Ice

234 Chicken Tenders with Potato Wedges **7**  
623 Broccoli  
690 Apple Crisps  
932 Cinnamon Scooby Snacks

201 Cheeseburger **8**  
634 Hash Brown  
630 Dragon Punch Vegetable Juice  
647 Dole Mandarin Orange Cup  
915 Hamburger Bun

272 Four Cheese Panini **9**  
708 Romaine Salad with Spinach & Chickpeas  
752 Fruit Punch Juice

251 Chicken Nuggets **10**  
611 Bagged Baby Carrots  
541 Chocolate Hummus  
609 Dole Mixed Fruit Cup

253 Hot Dog with French Fries **13**  
603 Maple Baked Beans  
658 Cherry Craisins  
906 Hot Dog Bun

263 5" Round Cheese Pizza **14**  
611 Bagged Baby Carrots  
633 Sunset Sip Vegetable Juice  
691 Strawberry Apple Crisps

270 Chicken Tenders with Mac & Cheese **15**  
623 Broccoli  
630 Dragon Punch Vegetable Juice  
750 Apple Juice  
909 Dinner Roll

205 Popcorn Chicken **16**  
704 French Fries  
752 Fruit Punch Juice  
992 Oatmeal Cookie

**Dismissal** **17**  
12:00


269 Mini Corn Dog with Chicken Nuggets & Potato Rounds **20**  
611 Bagged Baby Carrots  
545 Cranberry Orange Hummus  
645 Dole Pineapple Cup  
993 Holiday Cookie

211 Sloppy Joe **21**  
624 Garlic Green Beans  
686 Rosati Water Ice  
915 Hamburger Bun

**Dismissal** **22**  
12:00

**23**

**24**  
*Happy Holiday!*

**27**  
*Enjoy Your Break*  


**28**  
*Enjoy Your Break*  


**29**  
*Enjoy Your Break*  


**30**  
*Enjoy Your Break*  


**31**  
*Happy New Year!*  


263 5" Round Cheese Pizza **3**  
623 Broccoli  
633 Sunset Sip Vegetable Juice  
658 Cherry Craisins

234 Chicken Tenders with Potato Wedges **4**  
631 Cherry Star Vegetable Juice  
645 Dole Pineapple Cup  
990 Chocolate Chip Cookie

292 Penne Pasta with Meat Sauce **5**  
659 Watermelon Craisins  
993 Holiday Cookie

253 Hot Dog with French Fries **6**  
603 Maple Baked Beans  
608 Dole Tropical Fruit Cup  
906 Hot Dog Bun

210 Crispy Chicken Filet **7**  
635 Calypso Crush Vegetable Juice  
611 Bagged Baby Carrots  
686 Rosati Water Ice  
915 Hamburger Bun

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.