


BREAKFAST


SEPTEMBER 2022

Elementary

Nutritional Development Services
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday					
334 Cinnamon Toast Crunch Cereal 753 Orange Juice 608 Dole Tropical Fruit Cup PreK: Vanilla Honey Bunches of Oats Weekly Alternate: 338 Honey Bunches of Oats Breakfast Kit	29	328 Chocolate Chip Muffin OR 302 Egg & Cheese Turkey Sausage Breakfast Wrap (Hot) 749 Apple Cherry Juice 670 Fresh Fruit PreK: 330 Blueberry Muffin	30	366 Blueberry Bagel 752 Fruit Punch Juice 659 Watermelon Craisins PreK: 345 Honey Scooters Cereal	31	329 Trix Cereal Bar OR 922 Granola with Cinnamon & 134 Cherry Vanilla Yogurt (NEW) OR 306 Apple Frudel (Hot) 748 Grape Juice 697 Bagged Sliced Apples PreK: 331 Corn Muffin	1	319 Orange Cranberry Muffin 750 Apple Juice 690 Apple Crisps PreK: 332 Apple Cinnamon Muffin	2
Labor Day Weekly Alternate: 382 Cinnamon Toast Crunch Breakfast Kit	5	322 Blueberry Muffin OR 922 Granola with Cinnamon & 137 Peach Yogurt (NEW) 753 Orange Juice 657 Strawberry Craisins PreK: 332 Apple Cinnamon Muffin	6	369 Pillsbury Berry Blast Mini French Toast OR 336 Pillsbury Strawberry Pancakes (Hot) 750 Apple Juice 670 Fresh Fruit PreK: 327 Pillsbury Maple Mini Waffles	7	323 Apple Cinnamon Muffin 749 Apple Cherry Juice 645 Dole Pineapple Cup PreK: 341 Vanilla Honey Bunches of Oats	8	324 Cocoa Puffs Cereal (NEW) OR 338 French Toast Sticks (Hot) 748 Grape Juice 670 Fresh Fruit PreK: 366 Blueberry Bagel	9
328 Chocolate Chip Muffin OR 337 Eggo Blueberry Pancakes (Hot) 749 Apple Cherry Juice 647 Dole Mandarin Oranges PreK: 342 Cheerios Weekly Alternate: 387 Fruit Loops Breakfast Kit (NEW)	12	327 Pillsbury Maple Mini Waffles 750 Apple Juice 697 Bagged Apple Slices PreK: 339 Cranberry Orange Muffin	13	319 Orange Cranberry Muffin 752 Fruit Punch Juice 659 Watermelon Craisins PreK: 331 Corn Muffin	14	359 Honey Scooters OR 307 Cherry Frudel (Hot) 748 Grape Juice 670 Fresh Fruit PreK: 330 Blueberry Muffin	15	329 Trix Cereal Bar OR 922 Granola with Cinnamon & 136 Vanilla Yogurt (NEW) 753 Orange Juice 691 Strawberry Apple Crisps PreK: 341 Cinnamon Chex Cereal	16
325 Cinnamon Chex Cup 753 Orange Cup 647 Dole Mandarin Oranges PreK: Pillsbury Strawberry Splash Pancakes Weekly Alternate: 385 Trix Cereal Breakfast Kit	19	328 Chocolate Chip Muffin 749 Apple Cherry Juice 670 Fresh Fruit PreK: 346 Cinnamon Toast Crunch Cereal	20	366 Blueberry Bagel OR 302 Egg & Cheese Turkey Sausage Breakfast Wrap (Hot) 752 Fruit Punch Juice 659 Watermelon Craisins PreK: 335 Banana Muffin	21	324 Cocoa Puffs Cereal OR 922 Granola with Cinnamon & 137 Peach Yogurt 748 Grape Juice 670 Fresh Fruit PreK: 343 Rice Chex Cereal	22	319 Orange Cranberry Muffin OR 306 Apple Frudel (Hot) 750 Apple Juice 690 Apple Crisps PreK: 331 Corn Muffin	23
368 Plain Bagel 752 Fruit Punch Juice 609 Dole Mixed Fruit Cup PreK: 341 Vanilla Honey Bunches of Oats Cereal Weekly Alternate: 384 Cinnamon Toast Crunch	26	322 Blueberry Muffin OR 337 Eggo Blueberry Pancakes (Hot) 753 Orange Juice 690 Apple Crisps PreK: 330 Blueberry Muffin	27	369 Pillsbury Berry Blast Mini French Toast OR 922 Granola with Cinnamon & 138 Blueberry Yogurt (NEW) 750 Apple Juice 670 Fresh Fruit PreK: 345 Honey Scooters	28	323 Apple Cinnamon Muffin OR 338 French Toast Sticks (Hot) 749 Apple Cherry Juice 670 Fresh Fruit PreK: 367 Cinnamon Raisin Bagel	29	334 Cinnamon Toast Crunch Cereal 748 Grape Juice 658 Cherry Craisins PreK: 339 Cranberry Orange Muffin	30

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.