



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

**5**

334 Cinnamon Toast Crunch Cereal  
 OR  
 308 Strawberry Mini Bagel (HOT)  
 748 Grape Juice  
 657 Strawberry Craisins  
 Pre-K: 349 Corn Chex Cereal

Weekly Alternate:  
 388 Honey Bunches of Oats Breakfast Kit

**6**

323 Apple Cinnamon Muffin  
 OR  
 921 Granola &  
 133 Strawberry Banana Yogurt  
 752 Fruit Punch Juice  
 670 Fresh Fruit

Pre-K: 330 Blueberry Muffin

**7**

369 Pillsbury Berry Blast Mini French Toast  
 OR  
 306 Apple Frudel (HOT)  
 749 Apple Cherry Juice  
 684 Mixed Berry Applesauce

Pre-K: 366 Blueberry Bagel



**8**

328 Chocolate Chip Muffin  
 OR  
 921 Granola &  
 133 Strawberry Banana Yogurt  
 750 Apple Juice  
 608 Dole Tropical Fruit Cup  
 Pre-K: 341 Vanilla Honey Bunches of Oats



**9**

324 Cocoa Puffs Cereal  
 OR  
 637 Cinnamon Raisin Bagel  
 753 Orange Juice  
 670 Fresh Fruit

Pre-K: 339 Cranberry Muffin

**12**

321 Banana Muffin  
 OR  
 922 Granola with Cinnamon &  
 134 Cherry Vanilla Yogurt  
 749 Apple Cherry Juice  
 670 Fresh Fruit  
 Pre-K: 342 Cheerios  
 Weekly Alternate:  
 384 Cinnamon Toast Crunch Breakfast Kit

**13**

325 Cinnamon Chex Cereal  
 OR  
 302 Egg, Cheese & Turkey Sausage Breakfast Wrap (HOT)  
 750 Apple Juice  
 659 Watermelon Craisins

Pre-K: 335 Banana Muffin

**14**

319 Orange Cranberry Muffin  
 OR  
 366 Blueberry Bagel  
 752 Fruit Punch Juice  
 670 Fresh Fruit

Pre-K: 369 Pillsbury Berry Blast Mini French Toast

**15**

327 Pillsbury Maple Mini Waffles  
 OR  
 338 French Toast Sticks (HOT)  
 753 Orange Juice  
 684 Mixed Berry Applesauce

Pre-K: 331 Corn Muffin

**16**

359 Honey Scooters Cereal  
 OR  
 922 Granola with Cinnamon &  
 134 Cherry Vanilla Yogurt  
 748 Grape Juice  
 670 Fresh Fruit

Pre-K: 347 Cinnamon Chex Cereal

**19**

334 Cinnamon Toast Crunch Cereal  
 OR  
 368 Plain Bagel  
 752 Fruit Punch Juice  
 670 Fresh Fruit  
 Pre-K: 367 Cinnamon Raisin Bagel  
 Weekly Alternate:  
 385 Trix Cereal Breakfast Kit

**20**

322 Blueberry Muffin  
 OR  
 921 Granola &  
 138 Blueberry Yogurt  
 753 Orange Juice  
 645 Dole Pineapple Cup

Pre-K: 346 Cinnamon Toast Crunch

**21**

333 Blueberry Chex Cereal  
 OR  
 315 Apple Cinnamon Toast  
 748 Grape Juice  
 670 Fresh Fruit

Pre-K: 332 Apple Cinnamon Muffin

**22**

369 Pillsbury Berry Blast Mini French Toast  
 OR  
 921 Granola &  
 138 Blueberry Yogurt  
 750 Apple Juice  
 691 Strawberry Apple Crisps  
 Pre-K: 343 Rice Chex

**23**

328 Chocolate Chip Muffin  
 OR  
 262 Turkey Sausage Breakfast Pizza (HOT)  
 749 Apple Cherry Juice  
 656 Craisins

Pre-K: 330 Blueberry Muffin

**January**

**2**

324 Cocoa Puffs  
 OR  
 367 Cinnamon Raisins Bagel  
 691 Strawberry Apple Crisps  
 684 Mixed Berry Applesauce  
 Pre-K: 341 Vanilla Bunches of Oats  
 Weekly Alternate:  
 387 Fruit Loops Breakfast Kit

**3**

327 Pillsbury Maple Mini Waffles  
 OR  
 308 Strawberry Mini Bagel (HOT)  
 609 Dole Mixed Fruit Cup  
 658 Cherry Craisins

Pre-K: 331 Corn Muffin

**4**

325 Cinnamon Chex Cereal  
 OR  
 922 Granola with Cinnamon &  
 136 Vanilla Yogurt  
 656 Craisins  
 647 Dole Mandarin Orange Cup

Pre-K: 345 Honey Scooters Cereal

**5**

323 Apple Cinnamon Muffin  
 OR  
 306 Apple Frudel (HOT)  
 752 Fruit Punch Juice  
 670 Fresh Fruit

Pre-K: 327 Pillsbury Maple Mini Waffles

**6**

319 Orange Cranberry Muffin  
 OR  
 922 Granola with Cinnamon &  
 136 Vanilla Yogurt  
 750 Apple Juice  
 670 Fresh Fruit

Pre-K: 339 Cranberry Orange Muffin

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.